

# SCCR 2024-2025 ANNUAL IMPACT REPORT

Cyrenians

Cyrenians' **Scottish Centre for Conflict Resolution** (SCCR) continues to play a pivotal role in supporting young people, families, and professionals across Scotland to navigate and resolve conflict. By providing resources, training, and events, SCCR equips individuals with the skills needed to foster healthier relationships and resilient communities. We are grateful to Scottish Government for continued funding under the CYPFEIF & ALEC Fund. Within this reporting period (April 2024 - March 2025) **1814 beneficiaries** (**1186 professionals/practitioners**, **241 parents/carers** and **387 young people**) from **335 unique organisations** across **32 local authorities** have participated in our events.



## THE BIG FAMILY EVENT

In November we welcomed young people, their families and those who support them to our free and interactive '**the BIG family event**' at Dynamic Earth. Families had the opportunity to connect and learn through our workshops, marketplace and conversation cafe, with the aim that all involved to leave feeling positive, uplifted and supported. We were delighted to be joined by a range of organisations hosting workshops; plus **Maree Todd MSP, Minister for Social Care, Mental Wellbeing and Sport** who delivered a Ministerial Address online. **31 young people**, **23 parents/carers** and **18 individuals working to support families** participated throughout the day.

100% young people, parents/carers and those working to support families rated the event as 'REALLY GREAT'

*"I liked the arrangement and workshops. It provided a lot of information about mental health. I like it as it is for whole family."*

## EXTERNAL EVALUATION

An external evaluation of the SCCR was completed by Blake Stevenson at the end of 2024. The report evaluated **key impacts, achievements**, and **challenges** of SCCR's work from 2018 to 2024, with a focus on its **commitment to fostering conflict resolution skills and supporting vulnerable groups across Scotland**. An analysis of digital engagement trends, participant demographics, event participation, and qualitative feedback was gathered through interviews with and surveys of parents, carers, professionals, and organisational stakeholders. Key findings and recommendations will help guide our future work. Copies of the full report are available on our website.

## KEY ACHIEVEMENTS FROM REPORT

**Enhanced Outreach:** SCCR delivered 85 events in 2023-24, reaching over 2,300 participants, with a balanced mix of digital and in person offerings.

**Digital Innovation:** SCCR online tools gained substantial engagement, supporting diverse audiences during pandemic-related restrictions.

**Professional Innovation:** Over 90% of surveyed professionals reported increased confidence in managing family conflict after SCCR training.

**Youth/Family Impact:** 80% of young people attending events reported improved understanding of conflict and strategies to manage it positively.

## THE LEARNING ZONE - PARENTS/CARERS PAGE

In its final stages of development and testing, the launch of the parent/carer Learning Zone is scheduled for April 2025. This section will provide support, guidance and practical resources on how to handle conflict at home with their young people. To ensure we incorporated real voices of families and issues they're facing we recruited a focus group of parents/carers to give a sense of what knowledge they felt they needed to reduce conflict at home and how they wished to consume that knowledge. As a result of the focus groups SCCR has been looking at new areas of conflict, such as screen time as well as recording audio of parents/carers we spoke with to share first-hand accounts of what its like to parent in 2025.



*"It been hard for me as a mum to understand that the way they live their lives now is so different to how we did. When I was 17 I was getting drunk and snogging boys at pubs, but my son and his friends, don't go out, they just game. So, their lives are so different from what our lives were, it's really hard to kind of understand where they're coming from, and I think it's taking me and my husband a long time to accept that."*

**Focus Group Participant**

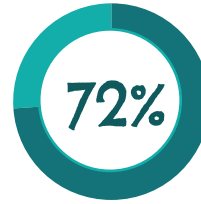
## TRAINING

We delivered **59 online conflict resolution sessions** and **in-person training**. Of the **818** beneficiaries, **439** were **professionals/practitioners**, **209** were **young people** and **170** **parents/carers**. Organisations who joined our training events included: **Aberlour, Carers of West Lothian, Dumfries and Galloway Council, Orkney Health and Care** and **St Kentigern's Academy**. This year we also welcomed two new members of staff to the team; Aimee, our **Emotional Health and Wellbeing Lead** and Katie, our **Learning Facilitator** who have been delivering training sessions across Scotland and developing the materials with new ideas and content.



*"I honestly feel the valuable and fundamental training of today is life changing! Both to changing my approach to family conflict and also work conflict. This is the MOST valuable 2 hours well spent. I will completely change my whole conflict management strategy."*

**Parent/Carer**  
January 2025



**Of young people** who attended SCCR training reported they had increased their understanding of the emotional and physical impact of conflict on their development.

**Of parents/carers** are better informed and able to access the support required to resolve conflict and nurture relationships with their children/young people.



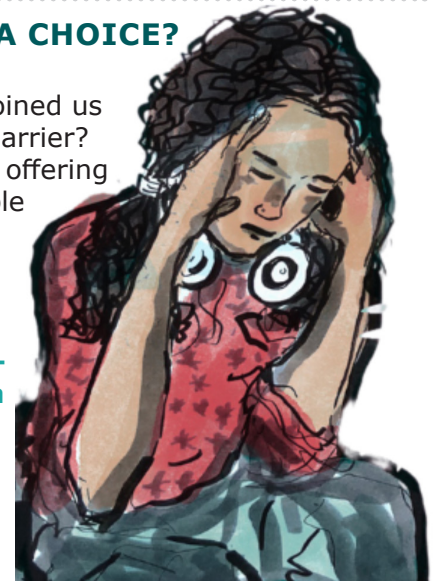
## SEMINARS AND WORKSHOPS

Across the year we delivered **14 online and in person events** to **189 beneficiaries**. We were invited to be part of events such as **Scottish Young Carers Services Alliance Conference**, tailored workshop with P4/5s and P7s at **Craigentiny Primary School** and young people at **LGBT Youth Scotland**. Our continued relationship with **Dundee University** saw us invited back to present to first year law students about conflict resolution and the importance of their own mental health and wellbeing. We focussed on the impact empathy and emotional regulation can have in difficult, high emotion situations, and particularly the effect it can have on lawyers and their clients who may be experiencing trauma or ACE's.

## ONLINE CONFERENCE - 'CAN'T' NOT 'WON'T' - IS THERE A CHOICE? OR IS THERE A BARRIER?

Following the success of previous online conferences, 462 individuals joined us in March 2025 for 'Can't' not 'Won't' - Is there a choice? Or is there a barrier? Over four weeks we held eight online talks, discussions and workshops offering participants a reset of expectations surrounding vulnerable young people as we looked at the difficulties they can face. We examined what these difficulties were, how they came to be – and what can be done to help. Speakers included **James Docherty - Scottish Violence Reduction Unit; Billy Burke - SAMH; Megan Crawford - University of Strathclyde; Lorna Gibson - Carers Trust Scotland; Fiona Petrie - NHS Lothian; Nelly Whaley - Salvesen Mindroom Centre; Sheena Peckham - Internet Matters** and a workshop from SCCR.

*"This gave me an insight into the subject and stimulated me to learn more going forward. I have more of an idea now what I want to learn further after this event. Thank you."*



## MEDIA REACH, PUBLIC AWARENESS AND DIGITAL IMPACT

The importance of our work has resulted in **1,704,892** opportunities for the public to hear or read about our work in local, specialist and national mediums including print, online and radio broadcasts

### Glasgow Herald

Column included in the Opinion section on 'the future of family conflict'

### Young Scot Podcast and Video

Our Emotional Health and Wellbeing Lead appeared on Young Scot's podcast to mark the launch of the Learning Zone for Young People

### Third Force News

Article on the history of SCCR to mark the service's tenth anniversary

**23,644** UNIQUE VISITORS | **60,064** PAGE VIEWS | **84,444** SOCIAL MEDIA IMPRESSIONS | **3,897** MEDIA PLAYS

<sup>1</sup>Highlight impact results from SCCR evaluations between April 2024 - March 2025

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